

SIUT hosts Pakistan Society of Nephrology (PSN) 14th Biennial Conference



At the Inauguration seated from Left to Right: Prof. Sami J Khan, Prof. Syed Fazal Akhtar, Prof. Adibul Hasan Rizvi, Prof. Mateen Akram and Prof. Salman Imtiaz.

The 14th Biennial Conference of PSN was held in SIUT from February 29th to March 3rd. The conference brought specialists from all over Pakistan and guest speakers and delegates from the USA, UK, Canada, and Australia.

The main focus of the conference was "Kidney care in low resource settings". The conference was preceded by four workshops. The first two were held on Feb 29th at Indus Hospital and Tabba Kidney Institute namely "PD-catheter placement, Manual Exchanges, peritonitis" at Indus and second on "Point of care ultrasound in Renal Care" at Tabba. Two hands-on workshops were conducted at SIUT on 1st



Prof Dr. Ejaz Ahmed
President Pakistan
society of Nephrology



Prof Edwina Brown
Imperial College Renal
& Transplant Centre,
Hammersmith Hospital,
London



Prof. Kieran
McCafferty
Consultant
Nephrologist at
Barts NHS Trust



Prof Muhammad
Yaqoob
Professor of Nephrology
Queen Mary College
university of London



Dr. Umar Farooq
Penn State Hershey
Medical Center USA

March. First on "Transplant Immunology" and second on "Electron Microscopic Case-based discussions". The main plenary session at the inauguration had two lectures. Prof. Magdi Yaqoob, Professor of Nephrology at BARTS NHS Trust London, UK, spoke on "Green Nephrology" and Prof. Edwina Brown, Professor of Nephrology, Imperial College Renal and Transplant Centre, *continued on page 2*



Prof. Adib Rizvi Honoured

The Urology Care Foundation, the world's leading non-profit health foundation, and the official foundation of the American Urological Association (AUA) awarded the 2024 Humanitarian Recognition Award to Prof. Adib Rizvi. This award is granted to individuals who have demonstrated their commitment to humanitarian services. Award will be given in May 2024 ■



EID-UL FITR MUBARAK

SIUT wishes to thank all its supporters for their generous Zakat and Donations in the holy month of Ramazan

Hammersmith Hospital, London, UK. Spoke on "Developing peritoneal dialysis in low resource settings".

Distinguished professor from abroad included Prof. Brian Nankivell, Consultant Nephrologist at Westmead Hospital, Sydney, Australia (Online). Prof. Joanne M. Bargman, University of Toronto, Canada (Online) Plenary talks were also given by speakers, Prof. Stanley Lin-sun FAN, Consultant nephrologist, Royal London Hospital, UK, Prof. Kieran McCafferty, Consultant Nephrologist at BARTS NHS Trust. Prof. Umar Farooq, Penn State University, USA.

Invited speakers from within Included; Prof. Ahad Qayyum, Prof. Mujtaba Quadri, Prof. Rubina Naqvi, Prof. Abdul Mannan Junejo, Prof. Ali Asghar Lanewala,

Dr. Ruqaya Quraishi, Dr. Naureen Akhtar, Prof. Nauman Tarif, Prof. Waqar Ahmad, Prof. Fazal Akhtar, Prof. Bilal Jamil, Prof. Aasim Ahmed, Dr. Aasia Zubair, Dr. Sunil Kumar Dodani, Dr. Sumbal Nasir Mahmood, Prof. Tabassum Elahi, Prof. Nisar Anwar, Prof. Ejaz Ahmed, Prof. Adil Manzoor, Prof. Iftikhar Ijaz, Dr. Bilquis Naeem, Prof. Mirza Naqi Zafar, Prof. M. Mubarak, Prof. Zahid Farooq Baig, Dr. Syed Nayer Mahmud, and Dr. Mudassar Hussain. There were a total of 8 plenary sessions and 24 symposiums in the conference. In all, there were 47 free presentations in the conference. Overall, there were 350 delegates from within Pakistan and abroad. The inauguration dinner was held at SIUT and the Gala function was held at Mohatta Palace. ■

SPEAKERS



Prof. Ahad Qayyum



Prof. Ali Asghar Lanewala



Prof. Mujtaba Quadri



Dr. Ruqaya Quraishi



Prof. Rubina Naqvi



Dr. Naureen Akhtar



Prof. Abdul Mannan Junejo



Prof. Nauman Tarif



Prof. Waqar Ahmad



Prof. Waqar Kashif



Prof. Fazal Akhtar



Dr. Aasia Zubair



Prof. Bilal Jamil



Dr. Sunil Kumar Dodani



Prof. Aasim Ahmed



Dr. Sumbal Nasir Mahmood



Prof. Tabassum Elahi



Prof. Nisar Anwar



Prof. Ejaz Ahmed



Prof. Adil Manzoor



Dr. Bilquis Naeem



Prof. Iftikhar Ijaz



Prof. Mirza Naqi Zafar



Prof. Joanne Bargman



Prof. M Mubarak



Prof. Zahid Farooq Baig



Dr. Mudassar Hussain



Dr. Syed Nayer Mahmud

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Sindh Institute of Urology and Transplantation

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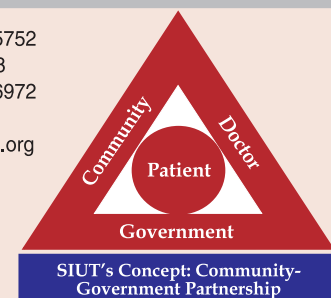
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Cutting the Ribbon at the Inauguration from left to right are Mohammad Ahmed Habib, Fazilat Habib Jumani, Fatima HM Habib, Ahmad Habib, Qumail Habib & Zehra Habib Hasan



Inauguration of Hybrid Operating Room and Cardiac Catheterization Lab at SIUT

SIUT journey of responding to the needs of the patients resulted in the establishment of department of Cardiothoracic Sciences for children at SIUT. The inauguration of the Hybrid Operating Room and Cardiac Catheterization Laboratory took place on January 3, 2024. The facility was inaugurated by donors from the HM Habib Cardiac Endowment Fund and Prof. Adib Rizvi. This state-of-the-art lab allows for cath intervention and cardiac surgeries to be performed simultaneously – a game changer for the treatment of patients with congenital heart diseases. ■

Pre-Conference Workshop “Online Tools for Assessment, Analysis, and Feedback” held at SIUT

The International Medical Education Conference IMECON-2024 of the College of Physicians and Surgeons of Pakistan (CPSP) was held on 29th February – 2nd March in Karachi. A pre-conference workshop under the sub-theme of “Technological Innovation” was held at SIUT on 15th February. It was accredited by the Accreditation Council for Continuing Medical Education.

The 16 workshop participants, mostly comprised of faculty members from SIUT and few were from other institutes from Karachi. Four hours workshop was facilitated by the faculty of Department of Medical Education; Dr. Aroosa Beg and Ms Shagufta Yamin.

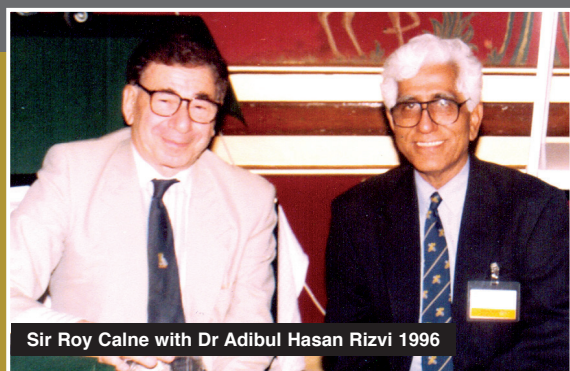
By the end of the workshop, participants were equipped with knowledge and practical skills, which



they could immediately apply in their respective educational or professional contexts. Feedback forms collected from the participants provided valuable insights into the effectiveness of the workshop. Most of the participants agreed that using online tools will enhance their teaching methods. ■

Bootcamp for Vascular Surgery Fellows

Vascular Surgery Department held a Bootcamp on 5th and 6th Jan 2024 for fellows of Vascular Surgery. The Bootcamp focused on Approach to Common Vascular Diseases and Hands-on Skill Stations. ■



Sir Roy Calne with Dr Adibul Hasan Rizvi 1996

SIUT Mourns the Death of a Friend and Mentor — Sir Roy Calne

Globally renowned liver transplant surgeon Sir Roy Calne passed away on 6th January 2024 in Cambridge UK. Sir Roy Calne was a friend and supporter of SIUT. Prof. Rizvi commenting on his death described him as an “Amazing Person” who pioneered transplant surgeries. He also helped in drug development to prevent the rejection of transplanted organs, which lead to the global expansion of organ transplantation. Prof. Rizvi said that Dr. Calne was his teacher at the Royal College of Surgeons and a source of inspiration for him. The world has lost a great person and transplant pioneer. ■

Pre-conference workshop at SIUT 8th Annual Radiological Society of Pakistan and Interventional Radiology Society of Pakistan

The Radiology Department of SIUT conducted a workshop on 21st Feb 2024.

The workshop focused on Tangential Techniques of Visceral Biopsies and Trans-Rectal Prostate Biopsies under Ultrasound Guidance, featuring live case demonstrations, in Collaboration with IRSP and RSP. This educational event showcased cutting-edge procedures, fostering knowledge exchange and skill enhancement among participants.

The workshop was attended by participants from various hospitals across the city, including interventional radiologists, residents, and consultants. It provided a valuable learning opportunity for attendees to enhance their skills and knowledge in radiology techniques. ■



Training Session for Nurses and Clinical Laboratory by the Patient Safety and Quality Assurance Department



In the realm of healthcare, patient safety stands as an irrefutable cornerstone.

A leading-edge initiative has been initiated at SIUT to strengthen patient safety and quality assurance by conducting focused training sessions. Recognizing the vital role nurses play in the healthcare ecosystem, the Department of Patient Safety & Quality Assurance (PS&QA) embarked on a journey to equip the nursing staff with necessary skills and knowledge to navigate

complex healthcare scenarios effectively.

A recent training session for Clinical Laboratory staff, spearheaded by expert trainers from the Department of Patient Safety and Quality Assurance (PSQA), marked a significant milestone in elevating our Lab Quality Assurance standards. Key topics such as documentation, quality control measures, and ensuring precision and reliability in our services were comprehensively addressed. ■

Bioethics Lecture Series Antimicrobial Resistance: Physicians Responsibilities

As a part of a course on Ethics for urology residents, a session was conducted on antimicrobial resistance and what should be the responsibilities of physicians on Feb 29, 2024. Dr. Asma Naseem of ID Department SIUT conducted the session. Antimicrobial resistance has become a global pandemic. World Health Organization has warned that increasing resistance may lead to increase burden on economy particularly in resource-poor countries like Pakistan. The main problem is over the counter availability of antibiotics along with spurious drugs and lack of preventive strategies for infection spread. The issue is not only limited to humans but animal and agricultural use of antibiotics is also a major cause of spread of resistance. ■





Basics of Robotic Surgery — Hands-On Workshop on CMR Robotic System in Collaboration with Aga Khan Hospital

A pre-conference workshop on Robotic Surgery was held in SIUT on Feb 27th, 2024 as part of the 9th AKU Annual Surgical Conference. The main objective of this workshop was to help improve Laparoscopic Surgeons Proficiency in Robotic Surgery Techniques with emphasis on precise instrument control and dexterity. Addressing potential risks specific to robotic surgery and thus promoting adherence to

established protocols to ensure patient safety during procedure. The other objectives included to explore methods to seamlessly integrate robotic systems into existing laparoscopic surgical workflows. Optimizing the benefits of both technologies to enhance surgical outcomes. The workshop directors were Dr. Arsalan Khan, Dr. Rehan Mohsin, Dr. Fareed Shaikh, Dr. Asad Shahzad, and Dr. Zeeshan Riffat. ■

Workshop on Teaching Robotic Surgery

The International Medical Education Conference IMECON-2024 was held in CPSP in 29th Feb – 2nd March 2024. As part of this workshop, a pre-conference workshop on “Teaching Robotic Surgery” was held in SIUT on 24th Feb 2024. There were 25 participants from different hospitals from Pakistan. The workshop had four Robotic Simulation Modules and a Hands-on module for stitching procedures. This workshop is now a yearly feature to teach Robotic Surgery to surgery fellows of CPSP. ■



Robotic Training Sessions at SIUT



A workshop on the Basics of Robotic Surgery was jointly organized by SIUT and JPMC on 8th March 2024.

The participants belonged to General Surgery, Urology, and Gynecology. The program of the workshop was devised to impart practical knowledge of instrument handling and dry running of Surgeon’s console. The later part of the activity gave the participants an opportunity to dissect and exercise real-time on a silicone rubber phantom organ in a Simbox. The day-

long activity ended with certificate distribution.

Refresher Course on Robotic Surgery for Surgeons for Gambat Institute of Medical Sciences (GIMS)

A team of urologists and general surgeons visited SIUT on 13th March 2024 for a one-day refresher workshop focusing on Robotic handling and to accomplish dissection on a phantom tissue model. The refresher course was conducted by Dr. Haris Qureshi, Dr. Rehan Mohsin, and Dr. Asad Shahzad. ■

VISITORS TO SIUT

Clifton High School Students Visit SIUT to Learn About Healthcare

A group of students from Clifton High School, Karachi, visited the Sindh Institute of Urology and Transplantation (SIUT) on Tuesday, March 26th, 2024. They toured the Dialysis Department and waiting area for pediatric dialysis patients.

The students were accompanied by their teachers and the administrative staff of the school. Additionally, they mentioned that interacting with children suffering from kidney failure made them reflect on their own futures and career aspirations. ■

Reflections School Visit to SIUT

A group of students from Reflections School, accompanied by their teacher and administrative staff, visited SIUT on 26th Jan 2024. The enthusiastic students, went through various departments of the hospital, engaging with patients undergoing treatment. On conclusion of their visit, the teachers expressed immense satisfaction and gratitude towards the SIUT staff for their warm welcome and invaluable guidance. They commended the hospital's commitment to education and appreciated the efforts made to ensure that the students remained engaged and enriched throughout their time at SIUT. ■



Dr. Wasim Khan and Mr. Liaquat with students and teachers of the Reflection School

Lectures at SIUT

Harnessing Big Data in the Healthcare Sector

Dr. Ehsun Mirza, Chief of Pulmonary / Critical Care Medicine at Riverside Health System, Virginia, USA gave a stimulating lecture on "Harnessing Big Data in the Healthcare Sector". ■



Mr. Atiq Raja

The importance of Prioritization in Healthcare

Mr. Atiq Raja, Chief Operation Officer, AR Training and Consulting, an International Soft Skills Trainer gave an insightful session on "Time Wrap" and the importance of prioritization in healthcare. He emphasized how effective prioritization can enhance patient care streamline processes, and optimize resource allocation. Prioritizing tasks and processes helps streamline workflows by identifying, and addressing bottlenecks and inefficiencies. ■



Group Photo of participants of the Seminar

Seminar on Practical Approaches in Fetal Cardiac Assessment

A seminar, “Practical Approaches in Fetal Cardiac Assessment,” brought together experts to identify the path towards enhanced fetal health on 19th January 2024. By delving into topics like extended echocardiography, innovative ultrasound technology, and the intricate world of fetal cardiac interpretation, the seminar served as a beacon of knowledge.

Speakers on the occasion were Dr. Nuruddin Mohammed from AKU, Dr. Shazia Mohsin (SIUT), Mr. Hilal Farah from GE Healthcare, Lebanon, who engaged diverse audience from both private and public sectors – gynecologists, cardiologists, sonographers, radiologists and sonologists.

Prof. Babar Hasan concluded the session, emphasizing the need for such collaborative efforts in the healthcare sector for improved patient outcomes. ■

World Social Workers Day Celebrated at SIUT

The World Social Workers Day is celebrated each year to highlight the important role played by the Medical Social Workers in the care of patients. This day was celebrated on 19th March 2024. Volunteers from the Social Department of Karachi University also participated in this event. MSO and volunteers interacted with children waiting for dialysis. There were art sessions, dialysis children were gifted toys, singing sessions, and other group activities for the children. ■



March Nutrition Month Observed at SIUT



March Nutrition Month is held each year to emphasize the importance of healthy eating habits and the advantages of a balanced diet for healthy living. This month was initiated by the Academy of Nutrition and Dietetics in the USA and is celebrated globally in many countries.

Department of Nutrition and Dietetics at SIUT arranged a series of special activities. Collaborating with the Pharmacy department, an educational session on Parenteral Nutrition was organized, aiming to deepen understanding among attendees. Healthy eating messages adorned posters in all buildings, serving as visual reminders of the benefits of dietary improvements. Additionally, educational videos covering topics such as “Healthy Eating in

Ramadan”, “Benefits of Nuts and Seeds”, “Dispelling myths about Iron” and “Truth about Detox Water” were posted via SIUT’s social media platforms throughout the month. To actively engage staff members, a stall featuring quizzes and games was set up by the institute’s dietitians, fostering interaction and participation in the celebration. Through these concerted efforts, SIUT contributed to the broader mission of March Nutrition Month, empowering individuals with knowledge and resources to embrace healthier lifestyles. ■

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BankIslami Pakistan Limited	104200151050202	PK95BKIP0104200151050202	104200151050201	PK25BKIP0104200151050201
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JS Bank Limited	0000150960	PK83JSBL951400000150960	0000150961	PK56JSBL951400000150961
Meezan Bank Limited	0100910129	PK95MEZN0001050100910129	0100909625	PK26MEZN0001050100909625
MCB Bank Limited	0026-064406791-1000841	PK61MUCB0644067911000841	8067-0000000000415747	PK86MUCB0000000000415747
National Bank of Pakistan	4082131051	PK18NBPA0010004082131051	4082131042	PK67NBPA0010004082131042
Sindh Bank Limited	0315-096275-1000	PK86SIND0003150962751000	0315-096281-1000	PK83SIND0003150962811000
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